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SUBSTITUTE HOUSE BILL 2667

State of Washington 60th Legislature 2008 Regular Session

By House Health Care & Wellness (originally sponsored by Representatives Morrell, McCoy, Green, Hunt, Wallace, Cody, Pedersen, and Kenney)

READ FIRST TIME 02/04/08.

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- AN ACT Relating to delegation of nursing tasks to care for persons with diabetes; amending RCW 18.79.260 and 18.88A.210; creating new sections; and providing an expiration date.
- 4 BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF WASHINGTON:
 - NEW SECTION. Sec. 1. (1) The legislature finds that Washington state has developed a strong community-based long-term care system in an effort to honor the desire of elderly persons and persons with disabilities to live in their own home or other home-like settings and to provide long-term care services in a cost-effective manner. The legislature further finds that more than fifteen percent of adults over age sixty-five in Washington state have diabetes. Current nurse delegation statutes limit the ability of elderly and disabled persons with diabetes to remain in their own homes or in other home-like long-term care settings.
 - (2) It is the intent of the legislature to modify nurse delegation statutes to the extent needed to enable elderly persons and persons with disabilities who have diabetes to continue to reside in their own home or other home-like settings. While blood glucose testing is

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- 1 already a task that can be delegated, the legislature intends to
- 2 authorize nurse delegation of administration of insulin injections as
- 3 provided in this act.

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- 4 **Sec. 2.** RCW 18.79.260 and 2003 c 140 s 2 are each amended to read 5 as follows:
 - (1) A registered nurse under his or her license may perform for compensation nursing care, as that term is usually understood, to individuals with illnesses, injuries, or disabilities.
 - (2) A registered nurse may, at or under the general direction of a licensed physician and surgeon, dentist, osteopathic physician and surgeon, naturopathic physician, podiatric physician and surgeon, physician assistant, osteopathic physician assistant, or advanced registered nurse practitioner acting within the scope of his or her license, administer medications, treatments, tests, and inoculations, whether or not the severing or penetrating of tissues is involved and whether or not a degree of independent judgment and skill is required. Such direction must be for acts which are within the scope of registered nursing practice.
 - (3) A registered nurse may delegate tasks of nursing care to other individuals where the registered nurse determines that it is in the best interest of the patient.
 - (a) The delegating nurse shall:
- 23 (i) Determine the competency of the individual to perform the 24 tasks;
 - (ii) Evaluate the appropriateness of the delegation;
- 26 (iii) Supervise the actions of the person performing the delegated 27 task; and
- 28 (iv) Delegate only those tasks that are within the registered 29 nurse's scope of practice.
- 30 (b) A registered nurse, working for a home health or hospice agency 31 regulated under chapter 70.127 RCW, may delegate the application, 32 instillation, or insertion of medications to a registered or certified 33 nursing assistant under a plan of care.
- 34 (c) Except as authorized in (b) or (e) of this subsection, a 35 registered nurse may not delegate the administration of medications. 36 Except as authorized in (e) of this subsection, a registered nurse may

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not delegate acts requiring substantial skill, ((and may not delegate)) piercing or severing of tissues. Acts that require nursing judgment shall not be delegated.

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- (d) No person may coerce a nurse into compromising patient safety by requiring the nurse to delegate if the nurse determines that it is inappropriate to do so. Nurses shall not be subject to any employer reprisal or disciplinary action by the nursing care quality assurance commission for refusing to delegate tasks or refusing to provide the required training for delegation if the nurse determines delegation may compromise patient safety.
- (e) For delegation in community-based care settings or in-home care settings, a registered nurse may delegate nursing care tasks only to registered or certified nursing assistants. Simple care tasks such as blood pressure monitoring, personal care service, <u>diabetic insulin device set up</u>, <u>verbal verification of insulin dosage for sight-impaired individuals</u>, or other tasks as defined by the nursing care quality assurance commission are exempted from this requirement.
- (i) "Community-based care settings" includes: Community residential programs for ((the developmentally disabled)) people with developmental disabilities, certified by the department of social and health services under chapter 71A.12 RCW; adult family homes licensed under chapter 70.128 RCW; and boarding homes licensed under chapter 18.20 RCW. Community-based care settings do not include acute care or skilled nursing facilities.
- (ii) "In-home care settings" include an individual's place of temporary or permanent residence, but does not include acute care or skilled nursing facilities, and does not include community-based care settings as defined in (e)(i) of this subsection.
- (iii) Delegation of nursing care tasks in community-based care settings and in-home care settings is only allowed for individuals who have a stable and predictable condition. "Stable and predictable condition" means a situation in which the individual's clinical and behavioral status is known and does not require the frequent presence and evaluation of a registered nurse.
- (iv) The determination of the appropriateness of delegation of a nursing task is at the discretion of the registered nurse. ((However))

 Other than delegation of the administration of insulin by injection for

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the purpose of caring for individuals with diabetes, the administration of medications by injection, sterile procedures, and central line maintenance may never be delegated.

- (v) When delegating insulin injections under this subsection (3)(e), the registered nurse delegator must instruct the individual regarding proper injection procedures and the use of insulin, demonstrate proper injection procedures, and supervise and evaluate the individual performing the delegated task weekly during the first four weeks of delegation of insulin injections. If the registered nurse delegator determines that the individual is competent to perform the injection properly and safely, supervision and evaluation shall occur at least every ninety days thereafter.
- (vi) The registered nurse shall verify that the nursing assistant has completed the required core nurse delegation training required in chapter 18.88A RCW prior to authorizing delegation.
- (((vi))) <u>(vii)</u> The nurse is accountable for his or her own individual actions in the delegation process. Nurses acting within the protocols of their delegation authority are immune from liability for any action performed in the course of their delegation duties.
- ((vii))) <u>(viii)</u> Nursing task delegation protocols are not intended to regulate the settings in which delegation may occur, but are intended to ensure that nursing care services have a consistent standard of practice upon which the public and the profession may rely, and to safeguard the authority of the nurse to make independent professional decisions regarding the delegation of a task.
- (f) The nursing care quality assurance commission may adopt rules to implement this section.
- 28 (4) Only a person licensed as a registered nurse may instruct 29 nurses in technical subjects pertaining to nursing.
- 30 (5) Only a person licensed as a registered nurse may hold herself 31 or himself out to the public or designate herself or himself as a 32 registered nurse.
- **Sec. 3.** RCW 18.88A.210 and 2003 c 140 s 5 are each amended to read as follows:
- 35 (1) A nursing assistant meeting the requirements of this section 36 who provides care to individuals in community-based care settings or

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in-home care settings, as defined in RCW 18.79.260(3), may accept delegation of nursing care tasks by a registered nurse as provided in RCW 18.79.260(3).

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- (2) For the purposes of this section, "nursing assistant" means a nursing assistant-registered or a nursing assistant-certified. Nothing in this section may be construed to affect the authority of nurses to delegate nursing tasks to other persons, including licensed practical nurses, as authorized by law.
- (3)(a) Before commencing any specific nursing care tasks authorized under this chapter, the nursing assistant must $((\frac{1}{4}))$ (i) provide to the delegating nurse a certificate of completion issued by the department of social and health services indicating the completion of basic core nurse delegation training, $((\frac{1}{4}))$ (ii) be regulated by the department of health pursuant to this chapter, subject to the uniform disciplinary act under chapter 18.130 RCW, and $((\frac{1}{4}))$ (iii) meet any additional training requirements identified by the nursing care quality assurance commission. Exceptions to these training requirements must adhere to RCW 18.79.260(3)(e)($(\frac{1}{4})$) (vi).
- (b) In addition to meeting the requirements of (a) of this subsection, before commencing the care of individuals with diabetes that involves administration of insulin by injection, the nursing assistant must provide to the delegating nurse a certificate of completion issued by the department of social and health services indicating completion of specialized diabetes nurse delegation training. The training must include, but is not limited to, instruction regarding diabetes, insulin, sliding scale insulin orders, and proper injection procedures.

NEW SECTION. Sec. 4. (1) The commission, in cooperation with the department of social and health services, shall develop a monitoring system for insulin administered by injection by nursing assistants pursuant to a delegation from a registered nurse made in accordance with RCW 18.79.260(3)(e). The monitoring system shall include information reported by delegating nurses on the number of nursing assistants who administer insulin by injection; the number of patients those nursing assistants serve; the number of injections that have been administered; the number, type, and outcome of any inappropriately administered insulin injections; and other relevant information.

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- (2) The commission shall report to the governor and the legislature on the findings of the monitoring system and any recommendations for continuing or discontinuing to permit registered nurses to delegate the administration of insulin by injection to nursing assistants in accordance with RCW 18.79.260(3)(e). The report shall be submitted to the governor and the legislature by November 15, 2012.
- 7 <u>NEW SECTION.</u> **Sec. 5.** This act expires on June 1, 2013.

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